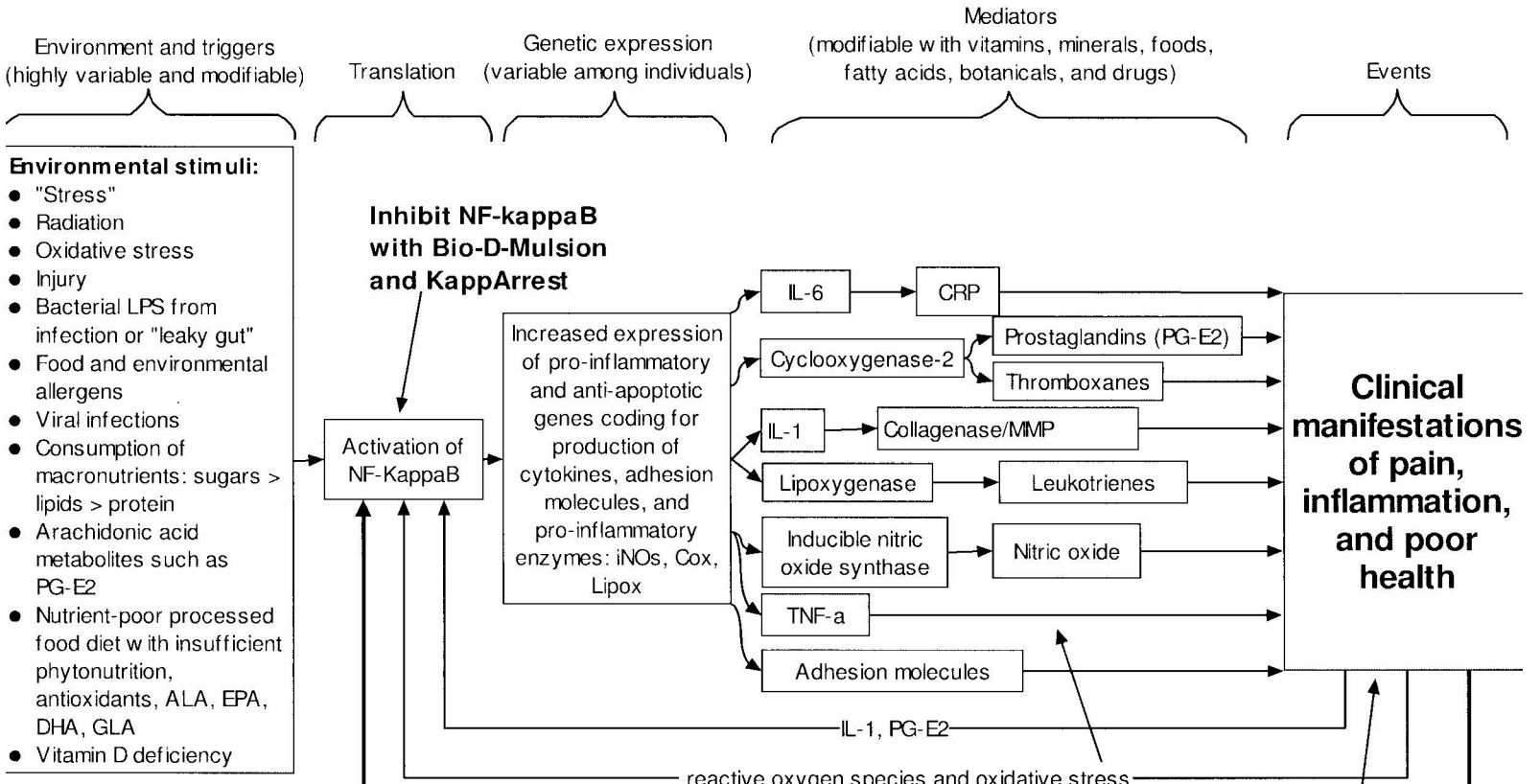Inflammation is a destructive and self-perpetuating process.